

Daugavpils Olympic Centre

Active rest

The construction of Daugavpils Multifunctional Sports Center started in January, 2008. The Sports Center, which is being built by request of "Daugavpils Olympic Center" Ltd., is the biggest closed type construction in all Latgale region. The newly built Sports Hall has significant functional and visual differences from similar profile construction objects in Latvia and is one of the brightest architectural buildings in the city. The construction works are financed by the Latvian Olympic Committee and Daugavpils Municipality.

You are welcome to use 25 m swimming pool with 6 lanes, depth 1.35 m – 1.85 m and 12 m x 6 m small swimming pool, depth 0,95 m. For relaxation the excellent solution is the spa zone which additionally offers the sauna, steam bath and massage baths to combine with a refreshing swim. You can learn to swim or develop your swimming skills attending the swimming pool complex offered swimming lessons. The program is suitable for all age groups: from children to adults. We offer swimming pool rent possibilities for enterprises and individual events.

The spacious gym of the Daugavpils Olympic Center is equipped with the most respected brand "Precor" fitness equipment: treadmills, cycles, climbers, crosstrainers, strength equipment. The hall is suitable for professional sportsmen and individual fitness trainings. Qualified instructors will provide assistance in training process. Trainings in our gym will help you to be in good shape and mood.

Aerobics hall of the Daugavpils Olympic Center is suitable for various kinds of sport activities, such as ballet and sport dance classes, aerobics trainings and choreography. The hall is fitted with Canadian maple Robbins Bio-Cushion floating system. For the purpose of dance sessions, the wall of the hall is fitted with the ballet bar and high quality mirrors. The hall is equipped with air conditioning system and music center.

The specialised fencing hall of the Daugavpils Olympic Center is an unique hall in all Baltic States, equipped according to the requirements of International Fencing Federation. It is suitable for training and competition process for fencers of different levels. The fencing hall is equipped with 10 specialised fencing lanes (6 for trainings and 4 for competitions).

Soccer field and outdoor football field.

Cafe.

Conference room.

New offer of Daugavpils Olympic Centre - the Salt Room. The walls of the salt room is covered by Iranian blue and red salt. The time of the seance is 45 minutes. During this time visitors sit in comfortable chairs and breathe ionized air.

Address: Stadiona iela 1, Daugavpils, LV-5400

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Home page: <http://www.daugavpilsoc.lv>

Working days a week: Monday - Sunday

Working season: All year

Parking lot: Yes

Toilet: WC

Washing possibilities: Sauna, Pool

Measures: Yes

Feeding: Yes

Saunas

Kind of the sauna: Sauna

Additional services: Training room

Premises for conferences

Number of places: 50

Equipment: Screen, Internet, Computers, Xerox, Fax, Conditioner, Overhead projector, Tables, Chairs

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